



The Roots of the Quaker Way: early Friends in their political and religious context

Tuesday 25 - Friday 28 February

£315- Residential

What are the roots of the Quaker way? How were early Friends influenced by their religious context? In this course we will explore this issue and consider the connections between Quakers and other radical religious groups, such as the Beguines, the Rhineland Mystics, the Anabaptists, the Family of Love, and the Radical Puritans. We will look at the impact of the early Church, late medieval movements, the Reformation and the English Revolution on the emergence of the Quaker movement.

With Stuart Masters

Book via: www.woodbrooke.org.uk/Roots-Quaker-Way

Courageous Living in the Midst of Climate Crisis

Friday 28 February - Sunday 1 March

£245 - Residential

To create a world where we all survive and flourish, changes will need to be made, and soon. Some will be straightforward, even easy, but many changes will challenge us out of the comfort we have grown attached to. Join with others as we create a community to explore what sacrifices might be called forth from us in order to make the world sacred. This weekend will include spiritual practice, time alone and together, reflection and solidarity.

With Maud Grainger & Clíodhna Mulhern

Book via: www.woodbrooke.org.uk/courageous-living-in-the-midst-of-climate-crisis

Exploring Eldership

Monday 2 - Wednesday 4 March

£245 - Residential

This course will help those with responsibility for eldership in Quaker meetings gain a better understanding of the role, and the confidence to do it. What does the role involve? What is the spiritual basis of eldership? How can elders respond to and nurture the spiritual life of the meeting? Participants will have the opportunity to explore the role and share experiences with others as well as looking at practical ideas and resources that will be of help.

With Liz Eddington, Martin Pennock and Jefh Davies

Book via: www.woodbrooke.org.uk/exploring-eldership-Mar

Exploring Oversight

Monday 2 - Wednesday 4 March

£245 - Residential

This course will help those with responsibility for oversight in Quaker meetings gain a better understanding of the role, and the confidence to do it. What does the role involve? What is expected? What is the spiritual basis of oversight? How can overseers respond to and meet the pastoral needs of the meeting? We will look at the range of tasks, share good practice and explore ways of handling difficult issues as well as looking at practical ideas and useful resources.

With Helen Chambers and Rici Marshall Cross

Book via: www.woodbrooke.org.uk/exploring-oversight-mar

Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ

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A Timely Retreat

Friday 6 - Sunday 8 March

£245 - Residential

Is time a scarce resource for you? Or an endurance test? A tyrant? A gift? We live in both clock-time and kairos – the unbound moment of opportunity. Which gets our attention? Which sets our pace? On this unhurried, interactive retreat we will feel into, explore and perhaps revitalise our relationship with time. Come to reflect, try different perspectives and share your experience, insights and questions. We will 'attend to what love requires of [us], which may not be great busyness.'

With Katie Evans and Meredith Freeman

Book via: www.woodbrooke.org.uk/a-timely-retreat

Religion is Interesting! at Friargate Meeting House, York

Saturday 7 March

£20 - day event

This day in York features two pieces of fascinating research conducted through the Centre for Research in Quaker Studies at Woodbrooke. Joanna Dales will share her findings about John William Graham, 'apostle of progress' and one of the leading Liberal Friends at the turn of the twentieth century. Fran Handrick will talk about her work amongst Old and New Order Amish women in Pennsylvania and Ohio, and how their lives are changing rapidly. Both talks will be illustrated with slides and the day will be hosted by Ben Pink Dandelion.

Book via: www.woodbrooke.org.uk/religion-is-interesting

Kindful Eating: making peace with food and our bodies

Friday 20 - Sunday 22 March

£245 - Residential

Imagine a world where no-one wakes up hating their body and where health campaigns acknowledge that factors like privilege, racism, loneliness and trauma impact our overall wellbeing whatever our lifestyle.

Based on the innovative Well Now approach, this course offers real-life ways to make sense of self-care and social justice starting with how we talk about food. Find out how to join-the-dots between food, health and body respect to help build a world where no-one is starved of food, connection, dignity or security.

With Lucy Aphramor

Book via: www.woodbrooke.org.uk/Kindful-eating

To book a place on any course just click on the link with the course description to book online. Alternatively you can email enquiries@woodbrooke.org.uk

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