



WOODBROOKE
MEET • STAY • LEARN

MONTHLY MAILING - DECEMBER 2017
UPCOMING COURSES

Open to Wonder: our living response to 'The Human One'

Monday 22 January 2018 - Wednesday 24 January 2018

A contemporary translation of the gospel phrase 'Son of Man' is 'The Human One'. Drawing on the stories told in the gospels and on the personal experience of those gathered, using creative and imaginative responses, we will seek to deepen spiritual life and inspire more faithful discipleship. This course presumes no previous knowledge, requiring only an open heart and mind and a willingness to engage at depth with the healing presence of that eternal Spirit which permeates the gospels.

Please book online or fill out a booking form via woodbrooke.org.uk/booking-form or call 0121 472 5171

Sex and the Spirit

Friday 2 February 2018 - Sunday 4 February 2018

A chance to explore views, theories and feelings about sex and sexual ethics. We will look at the teachings of Jesus and early Quakers along with headline issues such as same-sex marriage and internet pornography. We will ask if Quaker thinking can provide an alternative to choosing between over-strict rules and pleasure seeking. The course will help you to clarify your own views as we learn from each other. There will be no pressure to share personal feelings beyond your comfort level.

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Anger Management with Art

Monday 5 February 2018 - Wednesday 7 February 2018

This course is for anyone who wants to look at anger issues using art materials – those wanting to look at their own anger, those working with others who are angry, or both. No ability in art is needed, just a willingness to have a go. We will look at what anger is; whether it is good or bad; at the physical symptoms of anger; the influence of early family patterns; using relaxation and assertiveness to manage anger more constructively.

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Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ

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A Friendly Introduction to Discernment

Monday 5 February 2018 - Wednesday 7 February 2018

When Friends say they are 'led' to do things, or they are 'seeking God's guidance' in a decision, just what do they mean? How do Friends make well-grounded personal and group decisions? This course will introduce you to different tools used for personal and corporate discernment, and will explore the interplay between individual and community in the Quaker process of testing leadings. We will apply some practices to real issues in order to gain familiarity with them.

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Mark: good news for dark times

Monday 5 February 2018 - Wednesday 7 February 2018

Persecution, political instability, rebellion, siege, destruction and death. As the world of the first Christians fell apart, the first generation of apostles died, and the expected Kingdom did not materialise, Mark retold the stories of Jesus to show how hope came only through the cross. Beginning with the often-neglected chapter 13, we shall look at how Mark brings good news into his own times for those who have eyes to see, and we shall consider how it is good news for our own dark times.

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Quakers and European Politics

Friday 9 February 2018 - Sunday 11 February 2018

For almost 40 years European Friends have been worked alongside the institutions developed following the devastation of the Second World War. Following the referendum decision in 2016, we would like to invite you to explore the future of peace and human rights in Europe. What can be done now to build a Europe that will give hope to its citizens and to the world. How can we support the mechanisms of European dialogue, initially proposed by William Penn in 1693?

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