

# **MONTHLY MAILING - MARCH 2019 UPCOMING COURSES**

## Writing Brilliant Annual Reports: an online course

### Thursday 14 - Thursday 28 March 2019

£15

This three-week online course is an interactive discussion space which will help participants to better understand the Charity Commission and Britain Yearly Meeting requirements for an Area Meeting Trustees' Annual Report. You will consider the target audience and share ideas about how to produce the most useful document(s) possible. There will be exercises to try out as you prepare your 2018 report. This course is intended for anyone involved in producing the annual report for an Area Meeting, including Area Meeting trustees, treasurers, and clerks.

www.woodbrooke.org.uk/writing-brilliant-annual-reports

## Spiritual Blogging: continuing the story

### Tuesday 7 - Thursday 9 May 2019

£165 - Residential

How does writing help people to share their spiritual lives with their friends, family, and community? In this course we'll use historical and modern examples to explore how and why Quakers and others have chosen to record and publish spiritual autobiographies. There will be opportunities to try writing for yourself and space to consider whether blogging or another format might be a good way to share your work. Come as you are: no previous writing experience, technical knowledge, or saintly spirituality required.

www.woodbrooke.org.uk/spiritual-blogging-continuing-the-story

### Anger Management with Art

### Friday 10 - Sunday 12 May 2019

£245 - Residential

This course is for anyone who wants to look at anger issues using art materials – those wanting to look at their own anger, those working with others who are angry, or both. No ability in art is needed, just a willingness to have a go. We will look at what anger is; whether it is good or bad; at the physical symptoms of anger; the influence of early family patterns; using relaxation and assertiveness to manage anger more constructively.

www.woodbrooke.org.uk/anger-management-with-art

## Towards a Quaker response to Israel and Palestine

### Wednesday 27 - Friday 29 March 2019

£165 - Residential

Should Friends do more to promote reconciliation in Israel-Palestine? In this course we will explore together the roots of the conflict and the role of cross-border initiatives such as the Parents' Circle Families Forum. We will ask what other steps might be acceptable to many Palestinians and Israelis. Among Quaker peacemakers some see their chief role as "prophets", others as "reconcilers". Both can contribute to this enquiry.

www.woodbrooke.org.uk/towards-a-quaker-response-to-israel-and-palestine

Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ

www.woodbrooke.org.uk | enquiries@woodbrooke.org.uk | 0121 472 5171

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## **Come Holy Spirit**

### Wednesday 15 - Friday 17 May 2019

£245 - Residential

'Come Holy Spirit!' is an ancient cry of the Christian tradition. But what is the Holy Spirit? To help us answer this question we will study the Bible together. We will learn about the experience of Christian groups who have prioritised experience of the Holy Spirit, such as the Montanist, Quaker and Pentecostal movements. Throughout the course we will reflect on our own experience of the Holy Spirit, asking how God is present in our lives today.

www.woodbrooke.org.uk/come-holy-spirit/

# **Becoming a Band of Everyday Prophets**

Friday 31 May - Sunday 2 June 2019

£165 - Residential

What does the prophetic voice sound like in our time? The everyday prophet listens for the Holy in the midst of the turmoil of ordinary life and lives out of the wisdom the spirit opens in our hearts. We will explore how our meetings might nurture us as we become everyday prophets creating a community that sustains all of us as we faithfully witness to God's way in actions large and small.

www.woodbrooke.org.uk/becoming-a-band-of-everyday-prophets

## Spiritual Activism

### Friday 7 - Sunday 9 June 2019

£165 - Residential

Whether newly awakened to injustices or a seasoned activist, high profile or caring unnoticed for one person or place, spiritual activism offers ways of doing, being and understanding that can make you more alive to your deepest purpose. Balancing talk and experience, we'll go "under the lintel" of power, leadership, movements and consciousness. Here, discernment and psychological honesty are key to a grounding that neither burns out nor sells out, but transforms the burden of awareness into a "precious burden".

www.woodbrooke.org.uk/spiritual-activism

## **Leadership Amongst Friends**

### Friday 14 - Sunday 16 June 2019

£165 - Residential

How does leadership work in our non-hierarchical Society of Friends, and what does it mean to take a lead when working in relationship with others? This course is for anyone interested in questions of leading and following in a Quaker context. We will explore through discussion, refection and experiential activity the 'leaderful behaviour' that enables our meetings and structures to fulfil their spiritual purpose, including the connections between leadership and service, issues of authority and power, and being a leader in our own lives.

www.woodbrooke.org.uk/leadership-amongst-friends

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