## **QUAKER MENTAL HEALTH FORUM**

## Saturday October 19<sup>th</sup> 2019

## Priory Rooms, Birmingham

## Mental health in community:

exploring the impact of community on mental health, considering what makes a healthy community and reflecting on our Quaker witness in creating spiritual connections within community.



A panel of Friends will share personal experiences; there will be workshops exploring different aspects of community and well-being; there will be response groups to give space for reflection.

Our day will be framed by worship.

There is no charge to attend.

**Everyone is Welcome** 

but please book a place so we know about numbers and any needs you have.

Drinks will be provided: please bring a packed lunch

We hope every Area Meeting will send a representative

Book on Eventbrite: search Quaker Mental Health in Birmingham or go to: <a href="https://www.eventbrite.co.uk/e/quaker-mental-health-forum-mental-health-in-community-tickets-59824413431">https://www.eventbrite.co.uk/e/quaker-mental-health-forum-mental-health-in-community-tickets-59824413431</a>

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www.retreatyorkbfund.com

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