

# Patterns and Examples:

## Deep roots for strong communities

**Are you serving your meeting?**

**Would you benefit from a day of support, training, and spiritual nurture?**

Patterns and Examples days are gatherings for all adult role holders, and children and young people aged 6 to 18. Each one will be an opportunity to meet Friends, make friends, share ideas and worries, develop your skills and build our Quaker communities.

Families are encouraged to attend and a crèche will be provided for under 5s.

Lunch and refreshments provided. Meetings and other Quaker communities are encouraged to help with the cost of the event and travel expenses to and from the venue.

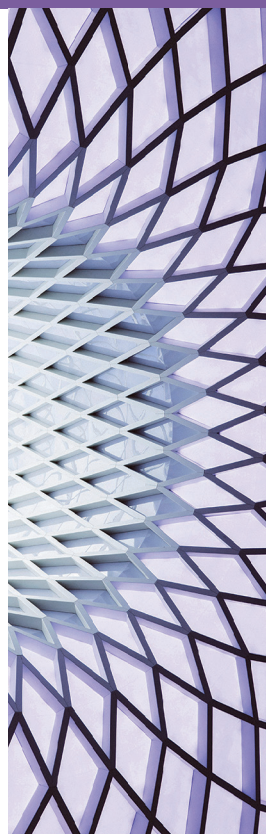
**To book please visit,  
[www.woodbrooke.org.uk/patterns-and-examples](http://www.woodbrooke.org.uk/patterns-and-examples)**

**For more information contact:**

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Britain Yearly Meeting  
and Woodbrooke  
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## Join one of three gatherings around the country for Quaker role holders in 2020

**Saturday 2 May**, 10am–4pm  
Lampeter University, Wales

**Saturday 30 May**, 10am–4pm  
Norwich Quaker Meeting House

**Saturday 27 June**, 10am–4pm  
Lancaster Quaker Meeting House

### Prices

0–5 years	<b>Free</b>
6–17 years	<b>£10</b>
Adults	<b>£20</b>

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