A Day Retreat for Quakers who work in mental health

10.30am – 4.30pm, Saturday, 29 February 2020 at Edgbaston Meeting House, Birmingham

Come and share a day of worship, reflection, sharing, connections and gentle activities.

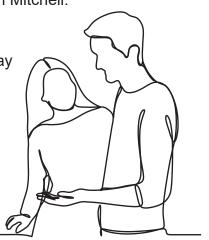
There is no charge for the day – but please book a place.

There will be lunch and you will be asked to pay for this on the day.

To book, visit: http://bit.ly/quaker-mh-day-retreat

For more information contact Alison Mitchell: mhdo@retreatyorkbfund.com

The year has given you an extra day – use it to care for yourself!



Funded by The Retreat York Benevolent Fund





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