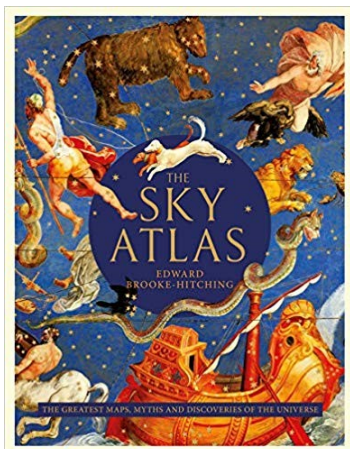


# Books of the Month

## Seasonal Edition 2019



### THE SKY ATLAS

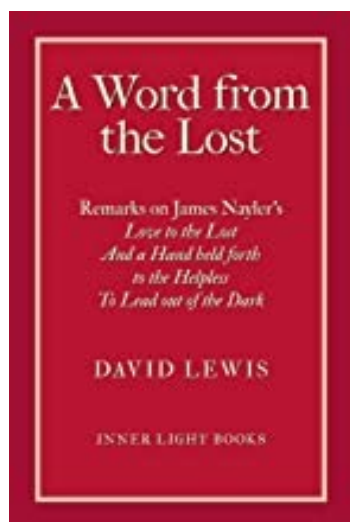
**Edward Brooke-Hitching £25.00**

After the enormous international success of *The Phantom Atlas* and *The Golden Atlas*, Edward Brooke-Hitching's stunning new book unveils some of the most beautiful maps and charts ever created during mankind's quest to map the skies above us. This richly illustrated treasury showcases the finest examples of celestial cartography - a glorious genre of map-making often overlooked by modern map books - as well as medieval manuscripts, masterpiece paintings, ancient star catalogues, antique instruments and other appealing curiosities.

### V&A: THE TWELVE DAYS OF CHRISTMAS

**William Morris £7.99**

"On the first day of Christmas, my true love gave to me . . ." - Combining hand-picked patterns from the V&A's William Morris archive with brilliant new illustrations, this beautiful book brings the words of the classic Twelve Days of Christmas song to life. A gorgeous Christmas gift to be treasured by all fans of art and design.



### A WORD FROM THE LOST

**David Lewis £20.00**

This book is a commentary on *Love to the Lost*, a pamphlet published by the early Quaker James Nayler in February 1656. It explores Nayler's theology described in this pamphlet, which was written prior to his blasphemy conviction, as similar to that of other early Quakers. This book puts Nayler's thought into its historical and biographical context. It is not easy to be sure what Nayler meant in his pamphlet.

### BE MY GUEST

**Priya Basil £12.99**

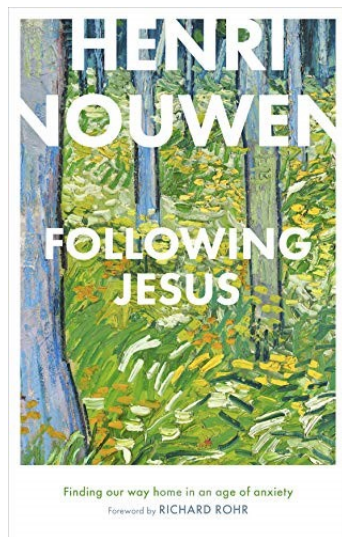
"A brave and beautiful exploration into food, race, memory and the very meaning of life. I read it greedily - and so will you" Meera Sodha, author of *Fresh India*. The dinner table, among friends, is where the best conversations take place - talk about the world, religion, politics, culture, love and cooking. In the same way, *Be My Guest* is a conversation about all these things, mediated through the sharing of food



## QUAKER QUICKS—PRACTICAL MYSTICS

**Jennifer Kavanagh £6.99**

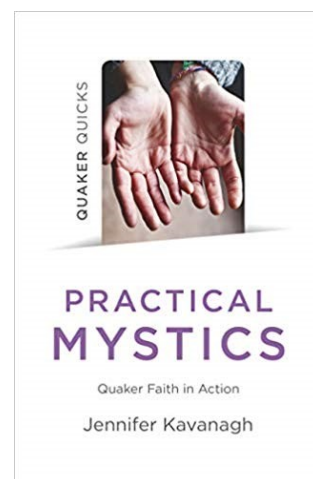
Are Quakers mystics? What does that mean? How does it translate into how we are and what we do in the world? "Jennifer Kavanagh has written a lovely book which I found to be to be compelling reading. In a very practical way she explains the meaning of mysticism for Quakers and how an experience, which some might regard as being esoteric, can be truly meaningful for many today" Terry Waite.



### FOLLOWING JESUS

**Henri Nouwen £12.99**

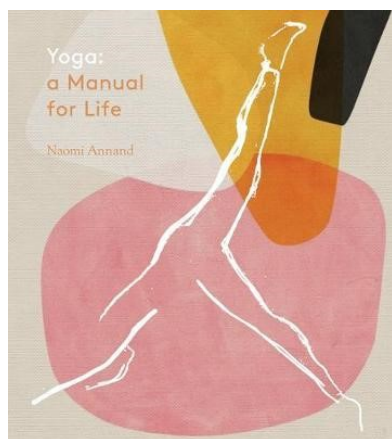
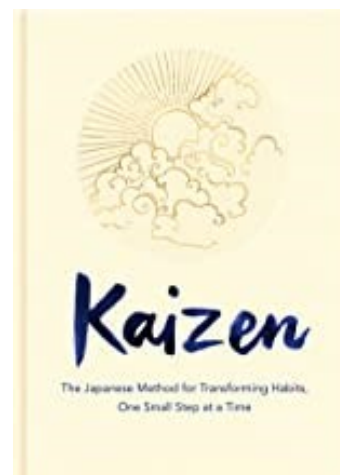
At one of the lowest points in his life, Henri Nouwen gave a series of lectures on the importance of following Jesus in an age of anxiety. This new work from the archives of the Nouwen estate draws on those talks. It reveals the deep turmoil and sometimes chaotic inner life of the man who has become an icon of compassion and vulnerability for Christians and non-Christians alike.



### KAIZEN

**Sarah Harvey £9.99**

'This beautiful, simple book suggests tiny changes we can make to improve all areas of life, from friendships to a cluttered flat.' Marianne Power, author of Help Me! A gorgeously illustrated introduction to the Japanese method of Kaizen - meaning 'change' 'good' - showing you how to make small, step-by-step changes to transform your life. From Marie Kondo to Hygge to Ikigai, in recent years, philosophies to help people live better lives have taken the world by storm.



### YOGA: A MANUAL FOR LIFE

**Ms Naomi Annand £20.00**

Be calmer, happier and more creative. In Yoga: A Manual for Life Naomi Annand shows you how to use the ancient practice of yoga to live better in the modern world. Utilising simple, breath-led movement, this beautiful practice companion teaches you how to wake up feeling energised, calm an anxious mind, sleep better and feel inspired. Ideal for total beginners to more experienced yogis, this manual includes everything you'll need to live a more balanced, grounded life, from five-minute lifehacks to longer sequences with specific goals in mind.

### THE COLOUR OF TIME

**Dan Jones £9.99**

*The Colour of Time* spans more than a hundred years of world history from the reign of Queen Victoria and the US Civil War to the Cuban Missile Crisis and the beginning of the Space Age. It charts the rise and fall of empires, the achievements of science, industry and the arts, the tragedies of war and the politics of peace and the lives of men and women who made history. The book is a collaboration between a gifted Brazilian artist and a leading British historian. Marina Amaral has created 200 stunning images, using contemporary photographs as the basis for her full-colour digital renditions.

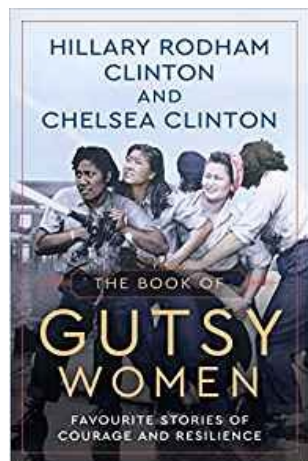
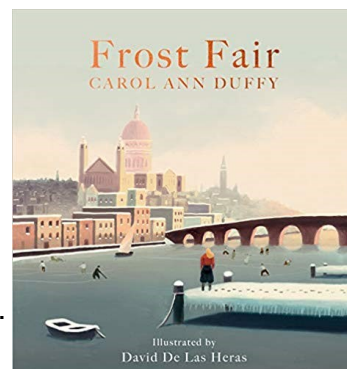




## FROST FAIR

**Carol Ann Duffy £7.99**

It is a snowy London day in The Great Winter of 1683. We follow our bold narrator as she explores 'the town on the Thames', a thousand tents and dancing fires lit on the frozen water with jubilant residents and lively festive revelry. All is a fete upon the ice as she sees jugglers, dancing bears, palm readers and even a merry wedding. Her journey leads her to meet many new companions with whom to spend a starry night upon the river, where they sleep with no inkling of who will be looking down on them in the morning light.



## THE BOOK OF GUTSY WOMEN

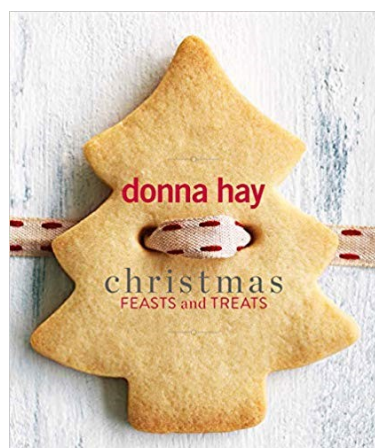
**Hillary Rodham Clinton £25.00**

She couldn't have been more than seven or eight years old. "Go ahead, ask your question," her father urged, nudging her forward. She smiled shyly and said, "You're my hero. Who's yours?" Many people, especially girls, have asked us that same question over the years. It's one of our favourite topics. Hillary: "Growing up, I knew hardly any women who worked outside the home. So I looked to my mother, my teachers, and the pages of Life magazine for inspiration".

## A SINGLE THREAD

**Tracy Chevalier £14.99**

From the globally bestselling author of *Girl with a pearl earring* - 'Bittersweet ... dazzling' Guardian; 'Deeply pleasurable ... the ending made me cry' The Times; 'Told with a wealth of detail and narrative intensity' Penelope Lively. It is 1932, and the losses of the First World War are still keenly felt. Violet Speedwell, mourning for both her fiancé and her brother and regarded by society as a 'surplus woman' unlikely to marry, resolves to escape her suffocating mother and strike out alone. A new life awaits her in Winchester.



## CHRISTMAS FEASTS AND TREATS

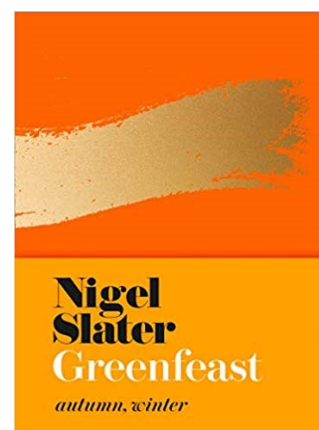
**Donna Hay £20.00**

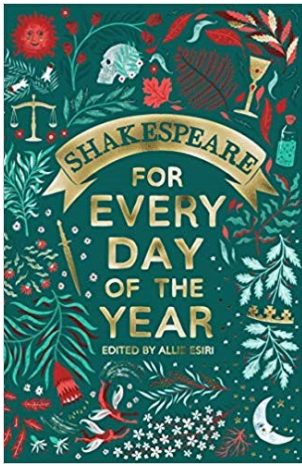
Donna Hay makes Christmas cooking and entertaining so easy, with this must-have collection of over 200 easy, delicious, reliable and totally fabulous Christmas recipes to make, enjoy and give over the festive season. I've had a hand in cooking Christmas feasts for as long as I can remember, but because it comes around only once a year, I know it can be a little bit daunting - especially if you're attempting a new glazed ham or you're asked to bring something different for dessert. This book is full of recipes I love and trust for exactly those times.

## GREENFEAST

**Nigel Slater £22.00**

The second in a pair of fast, season-led vegetable books from beloved author and cook Nigel Slater. 'Much of my weekday eating contains neither meat nor fish ... It is simply the way my eating has grown to be over the last few years.' From the start of autumn, we crave food that nourishes and food that sets us up for going out in the cold and wet. Greenfeast has over 110 gently sustaining recipes from milk, mushrooms and rice - as comforting as a cashmere blanket - big soups like tahini, sesame and butternut and crumbles made with leeks, tomato and pecorino.





## SHAKESPEARE FOR EVERY DAY OF THE YEAR

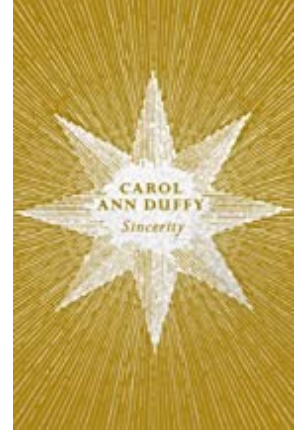
**Allie Esiri £18.99**

From Allie Esiri, editor of the bestselling *A Poem for Every Day of the Year* and *A Poem for Every Night of the Year*, comes this beautiful gift anthology of Shakespeare's works. William Shakespeare wrote at least 37 plays, 154 sonnets and a handful of longer poems and you can discover them all here. Each page of this unique collection contains an extract, which might be a famous poem, quote or scene, matched to the date.

## SINCERITY

**Carol Ann Duffy £9.99**

Her final collection as Poet Laureate, a frank, disarming and deeply moving exploration of loss and remembrance in their many forms. Presented in a beautiful, foiled package, this will be the poetry book of the year.



## Calm Christmas and a Happy New Year

**Beth Kempton £12.99**

This is a book about Christmas, but it's also a book about belonging, connection, self-care, joy and ordinary magic. *Calm Christmas and a Happy New Year* offers inspiration for a new kind of holiday season - one where you radiate calm and cultivate delight. Spanning late November to early January, *Calm Christmas...* embraces the festive build-up, the celebrations and the turn of the year in a holistic, nurturing way.

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<b>Delivery costs:</b> <div> Orders under £5  <b>£1.50 delivery</b> </div> <div> Orders between £5 - £10  <b>£2.20 delivery</b> </div> <div> Orders between £10 - £20  <b>£3.20 delivery</b> </div> <div> Orders between £20 - £40  <b>£4.20 delivery</b> </div> <div> Orders between £40 - £75  <b>£6.50 delivery</b> </div> <div> Orders above £75  <b>£10.50</b> </div>	<b>Total →</b>	
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<div> <div> </div> <div>Postcode: <div> </div></div> </div>		<b>Additional Notes:</b> <div> <div> </div> </div>
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