



## **Before running an event on relationships and sexuality...**

As well as planning the activities you will do at your event/ workshop, there are a number of other things you need to think about beforehand.

- Parents should complete an Information and Consent Form (for every YP participants under 18). This includes dietary information, travel plans, medical information and emergency contact details. An example is available from [www.quaker.org.uk/cyp](http://www.quaker.org.uk/cyp) then select 'Policies and Procedures' and follow the links to Event & Activity Management and select 'Consent and Information Form' this should open in a new window. This form can be adapted for your event. It should be made clear in the accompanying information about your event that the topic of discussion is relationships and sexuality, and parents sign the form with this knowledge.
- Young people should sign a boundaries agreement prior to the event, in order to facilitate the creation of a safe and trusting community. This includes boundaries on alcohol, sexual activity, smoking, bedtimes etc. An example of this is available is available from [www.quaker.org.uk/cyp](http://www.quaker.org.uk/cyp) then select 'Policies and Procedures' and follow the links to Event & Activity Management and select 'Boundaries' this should open in a new window and again, it can be adapted for your event.

There are other papers in this section of the website which we advise you to consider:

- Disclosure Process - what to do in the event of a disclosure of abuse being made. This is available is available from [www.quaker.org.uk/cyp](http://www.quaker.org.uk/cyp) then select 'Policies and Procedures' and follow the links to Meeting safety and Safeguarding and select 'Disclosure Process'
- Pastoral Care Procedures at CYP Events. These give guidance on considering participant's social, spiritual, mental and physical well being and supporting particular needs in relation to, or exhibited at, the event. Also contains useful contact details for external organisations such as Churches Child Protection Advisory Service, Connexions Direct, Childline, NSPCC, Samaritans and Youth Access. this is available is available from [www.quaker.org.uk/cyp](http://www.quaker.org.uk/cyp) then select 'Policies and Procedures' and follow the links to Event & Activity Management and select 'Pastoral Care'

We also recommend that you print copies of the Resource Sheet for young people, which includes useful websites.

You may also like to get copies of information leaflets from fpa, Connexions or your local sexual health clinic.

Regardless of the activities you choose to use, please read the 'Getting ready' section (page 1) of Journeys in the Spirit Youth Issue 3.