

## **ADDYSG**

This schools' peace education project in north Powys, north Ceredigion and south Gwynedd in Wales is supported by Mid-Wales area meeting.

The project provides a free six-week, one hour a week programme for schools to tackle the informal culture of hostility in society and the effects of increasing militarisation in schools.

The aim of the sessions is to increase awareness and understanding in pupils of the causes and effects of conflict in their own experience, and to enable them to develop the confidence and strategies to cope with their own feelings and those of others.

In its first year of funding the project delivered 58 programmes via its 24 volunteers and in the second, 14 programmes via 32 volunteers.

Because of the coronavirus pandemic the project has had to adapt its materials for delivery by teachers with remote support, as the volunteers were not allowed to visit the schools in person. The package is now being rolled out to other area meetings.

