



Journeys in the Spirit

Children's work

Additional Resource 120.C

Respond

Dealing with our worries and anxieties



my huge bag of worries

Being
bullied
at school -

Doing well
at school

Getting
ill.

Dad & Mum
arguing

Making
friends

Worrying
about people
being
homeless

Mum being
sad

Worrying
about war
& people
getting hurt

Not having
the right
clothes