



## **A Friendly Introduction to the Quaker Way**

**Friday 31 August - Sunday 2 September 2018**

**Residential - £245**

Are you relatively new to Quakers and keen to find out more? This course sets out the Quaker 'basics'. It will give you an understanding of the history and international reach of Quakerism, and the importance of spiritual experience to the Quaker Way. We will discuss what happens in a Meeting for Worship and how Quakers make decisions and organise themselves. We will explore what Quakers mean by 'testimony' and explain simple spiritual practices for you to experiment with.

## **Threshing and Clearness**

**Monday 10 - Wednesday 12 September 2018**

**Residential - £245**

The Quaker tradition includes a range of methods for exploring complex issues in a context of worship. This course will look at threshing meetings, Meetings for Clearness, and other discernment processes – all of these are well established but not always well known parts of the Quaker tradition. We will explore how the different processes work and how they relate to the decision making Meeting for Worship for Business. The course will include opportunities to experiment with some of the methods.

## **Oversight: our gifts in and to our community**

**Friday 14 - Sunday 16 September**

**Residential - £255**

This course will help those with responsibility for oversight in Quaker meetings explore the gifts they bring to this role. The value of the course lies in the opportunity to share, at a deep level, experiences, joys and challenges with others who have been involved in oversight and those just starting out. Time will be given to considering the spiritual basis of our work, how we can work together with Friends offering eldership in our meetings and how we can build community.

## **Meeting for worship for business: an online course**

**Monday 17 September - 14 October 2018**

**£75**

Meetings for worship for business are one facet of Quaker worship; but what is actually going on in a meeting for worship for business? Why do we do what we do? What is the spiritual underpinning? This course is for all Friends, to help you to understand our decision making process better. Friends 'on the bench' as well as clerks can benefit from the course which will help you to understand more about deepening our experience of worshipful discernment as a group. Each week there will be materials in a range of formats for you to engage with, and a forum for you to share your responses to the exercises and ask questions.



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## MONTHLY MAILING - AUGUST 2018 UPCOMING COURSES

### Getting to Know Made of Money

**Friday 21 - Sunday 23 September 2018**

**Residential - £165**

Where do our beliefs, attitudes and values about money come from? Would you like to learn about new ideas to support others with money management? Quaker Social Action have been running their award-winning Made of Money course for over 12 years. Our experienced tutors will guide you through this engaging and interactive two-day course. You will come away with the skills and practical resources to share with your family and support people in your community and at local meetings.

### How to be a Conscientious Objector Today

**Monday 24 - Wednesday 26 September 2018**

**Residential - £165**

A century after World War One, we are no longer conscripted to fight. Instead, our taxes are conscripted to fund war and our minds are conscripted to support it. This is a chance to learn from our predecessors and resisters around the world now, to explore how we can resist warfare today. Looking at militarism in education, entertainment, media and elsewhere in civil society, we will identify ways to be "conscientious objectors" to militarism in our everyday lives.

### The Theology of Quaker Testimony: an online course

**Wednesday 24 October - Wednesday 28 November 2018**

**£55**

Friends say confidently that 'Christianity is a not a notion but a way'. Behind the radical Quaker tradition of practical witness there is a distinctive understanding - a 'theology of Quaker testimony' – that may well have value beyond the world of Friends. We will give careful attention to the individual and collective patterns of action that make up testimony for Quakers, the way it is shared and sustained, its rootedness in everyday life, and its challenging relationship to the wider world.

### Caring for One Another

**Monday 8 - Wednesday 10 October 2018**

**Residential - £165**

"Loving care is not something that those sound in mind and body 'do' for others but a process that binds us together." (Qf&p 12.01). Our meeting communities are built on the many ways in which we care for one another – traditionally expressed through the structures of eldership and oversight, but present in many ways. This course will explore what works well in how we care for one another spiritually, emotionally, socially and practically, and how the whole meeting can be involved.

Please book online or fill out a booking form via [woodbrooke.org.uk/booking-form](http://woodbrooke.org.uk/booking-form) or call 0121 472 5171

**Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ**

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