

# **QUAKER MENTAL HEALTH FORUM**

## **MENTAL HEALTH AND YOUNG PEOPLE**



**The Quaker Mental Health Forum will meet Saturday  
3<sup>rd</sup> November 2018; 10.00 - 4.00**

**in The Priory Rooms, Birmingham, B4 6AF**

**We will be exploring the topic of mental health and  
young people.**

**Grounded in our faith, we will be sharing  
experiences and ideas.**

**Everyone is welcome.**

The day is suitable for those aged over 15; we suggest people under 18 come with a supportive adult.

**We hope every Area Meeting will send a representative.**

**There is no charge: drinks provided; bring your own lunch.**

**To book: <https://www.eventbrite.com/e/quaker-mental-health-forum-mental-health-and-young-people-tickets-45232690194>**

**More information from Alison Mitchell, Mental Health Development Officer**

**[alisonmitchellmhdo@theretreatyork.org.uk](mailto:alisonmitchellmhdo@theretreatyork.org.uk) 07483028490**