



Starting points

Spectrum lines

Below are a few suggestions for statements to use during the spectrum lines exercise. Use them to elicit assumptions or misconceptions about people in hunger and specifically the causes of hunger in the UK.

- Hunger isn't a problem in the UK because we are a rich country
- People who use foodbanks have to because they don't work hard enough
- The government should ensure people don't rely too heavily on welfare support, because it encourages them not to work
- People use food banks because it's a cheap way of getting food
- We should be concerned about the rise of food banks because people will become dependant on them
- Our welfare support system does enough to protect vulnerable people
- The media is responsible for pushing an unfair image of people who receive welfare support
- Current government policies are not doing enough to stop people from going hungry
- It is our responsibility as a society to support those who are impacted by economic inequality

