Reflection Points

Who can help?

Use the statements below to explore who might hold the responsibility to change the situation so that we can end hunger in the UK.

As prompts, you can suggest any of the following:

- o corporations
- o work places
- o the social welfare system
- o Prime minister
- o schools
- o faith groups
- o businesses
- o **unions**
- o supermarkets
- o individuals
- o families who receive social welfare
- 1. People are paid a decent amount for their work so they can afford the cost of living
- 2. Making sure that the help that is provided through social welfare works to support those most in need of it
- 3. Preventing the rising dependency of food banks in the UK
- 4. Ensuring school children don't go hungry over the holidays
- 5. Providing nutritious and affordable food in schools so that children receive a decent meal during the day
- 6. Reducing food waste in the UK
- 7. People are able to afford the cost of housing, bills and food from the amount they earn
- 8. The media use facts and government statistics to talk about the reality of what causes hunger in the UK
- 9. Vulnerable people are not made to feel ashamed because they need to access social welfare and food banks
- 10. We reduce the need for volunteers to donate to and help run food banks