



Journeys in the Spirit

A resource for working with
children and young people



Children

The children's work edition of *Journeys in the Spirit* is a free monthly publication for people working with children and young people. It provides materials for adult Quakers who work with children aged 5 to 12. It can help with Quaker meetings, all-age events, residential gatherings and camps.

The resource offers activities and ideas that will stimulate children and the adults working with them. Six times a year it uses specific themes, with the remaining six offering something more seasonal or topical.

The themed issue has enough material for several sessions. It is a four-page booklet that always includes the same elements: getting ready; gathering; engaging; responding; and reflecting. There is additional material online. This includes resource sheets, links to other helpful activities, an easy-to-use plan, and an all-age worship outline.

The topical issue has enough activities for at least two sessions. It will relate to something in the news or of seasonal interest. The suggested activities should help children think about and respond to the issues raised.

Find a 'how to use' guide at <https://tinyurl.com/jitsc>.

Journeys in the Spirit comes out every month and is free by subscription. You can receive a paper copy or be emailed a link to an online version.

Subscribe at www.quaker.org.uk/subscribing-journeys-spirit-children.



Youth

The youth work edition of *Journeys in the Spirit* is published free once or twice a year. It provides a range of ideas to use with 12- to 18-year-olds in a Quaker context. Each issue explores a theme, with associated activities, in an A4 magazine format.

The activities are written and presented to fit the structure of a variety of youth events and activities. From link groups and weekends, to week-long residential events, to Sunday morning youth activities, each issue is packed with ideas for exploring a theme in a range of ways.

The material in *Journeys in the Spirit* is grouped according to different 'points', each with a different approach or way of exploring the theme. You can pick and choose to suit the group you are working with.

Find a 'how to use' guide at: <https://tinyurl.com/jitsyp>.

The youth work edition is free by subscription. You can choose to receive a paper copy or be emailed a link to an online version.

Subscribe at www.quaker.org.uk/journeysyouth.



If you have any queries about *Journeys in the Spirit*, have ideas for future themes, or would like to be a writer, please contact:

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The contact details supplied by all *Journeys in the Spirit* subscribers will be held on the Britain Yearly Meeting database.