



# Journeys in the Spirit

Children's work

July 2017

Issue 110



## An Easy to Use Plan for a Children's Meeting

**An easy to use plan for a session on Approaches to God – worship and prayer.**



Make sure you have a little time of worship for yourself and other volunteers before the session – even a couple of minutes are good.

This outline is based on a 45 minutes children's meeting for worship

*Materials: A copy of Quaker Faith and Practice, Quaker meeting and me, paper, pens, paint, brushes and any other creative materials you might like to use, paper prayer flag per person copied from template over the page.*

**Gather:** Prepare the room as suggested and follow the exercise as in the "Gather" section on page 1 of the main issue 110 of *Journeys in the Spirit Children's Edition*.

**10 minutes**

**Engage:** Explain that you are going to think about what happens in Meeting for worship.

Read *Quaker meeting and me* with the children. This book is intended to help children find a way into Quaker meeting for worship. After reading it, wonder with the children about what helps them in meeting for worship? In the book the children are in a garden. Is there something like the garden that helps them when they are in meeting? If they are happy to share, then have a time of sharing about this now.

**15 minutes**

**Respond:** Read two passages from *Qf&p*– 2.27 and 2.29. You might need to explain what the passages mean depending on the age of the children. Ask the children if they agree with either of these passages. If so what do they think prayer is? – perhaps they do not think prayer is relevant and that is fine.

Follow the guided meditation on *the Additional Resource 110.B*. After you have finished explain about prayer flags and suggest the children write or draw their prayers on their flag (*template overleaf*)

**15 minutes**

**Reflect:**

Allow a little time at the end for the children to share what they have done and whether they want to share what they have done with the adults in meeting. Remind the children that the adults are also reading *Qf&p* and looking at Quaker worship.

**5 minutes**

# Prayer Flag Template

